

# IMO PRE-APPOINTMENT GUIDE

**IMO**  
institut de  
microcirurgia  
ocular



Welcome to IMO. Thank you for trusting us, for placing your eye care in our hands. Please read this guide carefully, as it will ensure we can provide you with the best care at your next appointment in the centre.

### Important recommendations to make your doctor's appointment easier

- 1** If this is the first time you have visited the IMO, please remember to **bring any reports or test results** that your ophthalmologist has given you. 
- 2** It is likely that your pupil will be dilated for a better eye examination. **You should therefore come accompanied** and not drive, as you might suffer from blurred vision for several hours after your appointment. 
- 3** The appointment includes an optometry check-up, with a visual acuity examination and refraction tests. Remember that **your scheduled time begins with this examination before your appointment with the ophthalmologist.** 
- 4** Bring your **contact lenses** with you, if you use them, but do not wear them during the appointment or for 24 hours beforehand to make the optometry check-up and any optical power modifications easier. If your appointment is related to possible refractive surgery, do not wear them for 7 days beforehand. 
- 5** If you take any kind of **medication**, you must write down the name, the dose and the dosage and bring this information with you. 

## Important recommendations to make your doctor's appointment easier



### 6 Reserve enough time on your calendar.



We recommend that, when you schedule your appointment, you make sure there is **enough time to space in case your visit to IMO takes longer than expected** (no less than 2 h) due to different reasons:

- **Dilation:** once your pupils have been dilated with eye drops (pupil-dilating eye drops), you might have to wait for around 20 minutes until the eye drops take effect and your eye can be thoroughly examined.
- **Diagnostic tests:** the doctor might require supporting tests to offer you a full diagnosis. If you have enough time and accept the proposal previously made, you can take the necessary tests on the same day as your appointment. This will enable you to attend the appointment with a diagnosis and instructions for treatment, where applicable, without having to schedule new appointments or additional visits to take the tests.
- Where it is suspected that you might suffer from an eye disease that is different to the initial reason for your visit or different to the speciality of the ophthalmologist who is seeing you, you will most likely be seen by another doctor from the centre who specialises in another part of the eye. Therefore, **you might end up seeing more than one ophthalmologist** without having to make another appointment for a different day or having to pay for another appointment, although this will make your stay at the centre longer.
- If the doctor indicates surgical treatment, our **Department of Surgical Programming** will provide you with all the information and the estimate for the surgery, which can be scheduled at that time.

## Other information of interest for your stay in the centre



The main reception is located on the first floor. Here they will indicate the circuit to the consulting room reception, where **you will be asked for your ID card** to be able to take your details before you sign a document required by the General Data Protection Regulations (GDPR).



Furthermore, throughout the circuit, each person assisting you will ask for confirmation of your details. Don't be surprised, it's for your own safety.



Our waiting rooms have **play areas for children**, who must be accompanied by an adult throughout their stay at IMO.



We have a **café-restaurant** service open from 8.00 a.m. to 8.00 p.m., where you can also enjoy a more relaxed wait (you can request one of our devices that will inform you when you must return to the waiting room to enter the consulting room from any of the IMO receptions or from the Patient Assistance desk).

## Other information of interest for your stay in the centre



**The price of the first appointment**, with one or more specialists, is €164. This amount can be paid in cash or by credit card (except American Express). **The cost of the diagnostic tests**, where necessary, must be added to this price. Their estimate will be given to you for prior approval and payment, also in cash or by credit card. If required, authorisation from your private health insurance will be requested at that time.



Find our about the coverage of your **private insurance company**. IMO works with several companies, the list of which can be seen [here](#).



If you want **a report on your visit**, you can ask for one at the main reception and will receive it in a few days by post, e-mail or fax.



Should you have any doubts or needs during your stay at IMO, you can ask our **Patient Assistance** personnel or any member of the care or administrative team. We are here to help you and to make your stay as comfortable as possible.

**This video** shows certain details of your visit to IMO.

# YOUR VISIT TO SU IMO



**1 Main entrance**



**2 Main reception**  
Welcome /  
cloakrooms / taxis /  
report requests



**3 Patient assistance**  
Dealing with doubts  
and needs that arise  
during your stay at IMO



**4 Reception 1**  
Patient identification  
and data management

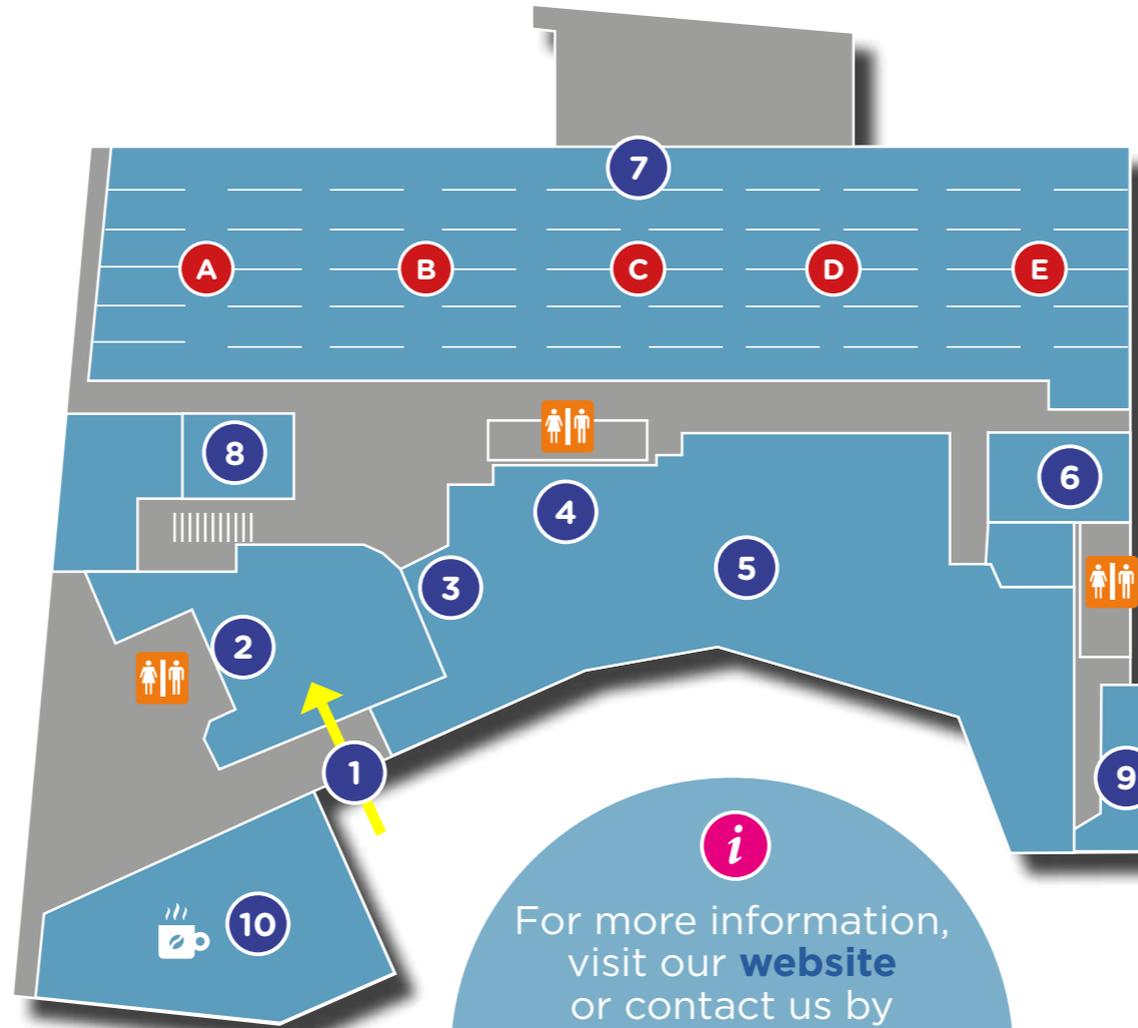


**5 Waiting room**



**6 Play area for children**  
They must always be  
accompanied by an adult

## LEVEL 1



**i**  
For more information,  
visit our **website**  
or contact us by  
calling 93 253 15 00  
or via this  
**Contact form**



- Consultation area 7**
- Optometry appointment (consulting rooms corridors **A, C, D** and **E**: visual acuity and refraction)
  - Ophthalmology appointment (consulting rooms corridors **A, C, D** and **E**)
  - Diagnostic test estimate (main corridor consulting room area)
  - Diagnostic tests (nursing consulting rooms and ocular photography, corridors **A** and **B**)
  - Second appointment with the ophthalmologist and diagnosis (consulting rooms corridors **A, C, D** and **E**)

**8 Billing**  
Price of the  
first appointment:  
€164 (not including  
tests)



**9 Surgical  
information and  
programming**



**10 Café**  
from 8 am to 8 pm. À  
la carte and set daily  
menus. You can also  
wait here using our  
notification service



**LEVEL 0**  
Operating theatres and  
surgical waiting rooms

**LEVEL -1** **P**

## Location and travelling



IMO is located at Calle Josep Maria Lladó, 3  
08035 Barcelona (Exit 7 of the Ronda de Dalt)

[See map in Google Maps](#)

If you are travelling by **public transport**, the following bus combinations are available:

-  **Bus route 60:** Bellesguard roundabout, stop 1540:
-  **Bus route 196:** Josep Maria Lladó-Bellesguard, stop 3191
-  **Buses routes 60, 123, 196:** Ronda de Dalt – Bellesguard, stop 0071

Furthermore, at [this link](#) you can find details of how to reach IMO from different points of the city.



If you are thinking of using a **private vehicle** (GPS: 41° 24' 38" N – 02° 07' 29" E), we have a car park with over 200 spaces (first half hour free).



If you take a **taxi**, ask the driver to leave you inside the car park (level -1) in a special drop-off area next to the entrance to the lifts. If you need a taxi when you leave the centre, the main reception (level 1) will order one for you.



If you have to carry luggage, you can save it under lock and key in one of our **cloakrooms** on level 1 (ask for the key at main reception).



If you require **accommodation**, you can consult some of the hotels near the centre [here](#), where you will be given a special price. When you make the booking, remember to indicate that you are an IMO patient.

We look forward to seeing you!

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[www.imo.es](http://www.imo.es)

EMERGENCIES



**93 253 15 00**

Any time,  
365 days a year,  
without prior appointment



The only ophthalmology  
centre in Catalonia to be  
accredited with the quality  
seal of

**Joint Commission  
International**