



## **Mar Palomares**

Surgical Nursing Area of the IMO, Institute of Ocular Microsurgery.

Lecturer on the Postgraduate Course in Ophthalmic Surgical Nursing at the Institute of Ocular Microsurgery (IMO).

## **Curriculum Vitae**

### **Education**

Bachelor's degree in Nursing. University of Barcelona (1989-1992).

Specialisation in Occupational Medicine at Escola Professional de Medicina del Treball, University of Barcelona (1994-1996).

Postgraduate Course in Surgical Nursing, Red Cross Hospital, L'Hospitalet (1996-1997)

Course on anaesthesia in nursing, Barcelona Association of Nurses, recognised by the Institute of Health Studies (2008).

### **Specialisation**

Anaesthesia nurse.

### **Professional experience**

Anaesthesia nurse in the Anaesthesia Department of the Institute of Ocular Microsurgery (IMO), Barcelona, since 1996.

Marti Julià Basic Health Area, Badalona, 2009-2010.

**IMO**  
instituto de  
microcirugía  
ocular

Nurse in special A&E departments (Internal Medicine, Surgery, Trauma) and surgical nurse in the A&E Department of Germans Trias i Pujol Hospital, Badalona, 1996-2009.

Surgical nurse in ovarian puncture surgery (in vitro fertilisation), Clínica Teknon, Barcelona, 2001-2002.

Anaesthesia nurse in the Anaesthesia Department of Clínica Quirón, Barcelona, 1994-1996.

Nurse in A&E, operating theatres, ICU and wards (Urology, Internal Medicine, General Surgery, Trauma, Maxillofacial Surgery, Nephrology and Vascular Surgery) of Germans Trias i Pujol Hospital, Badalona, 1992-1994.

A&E, Badalona Municipal Hospital, 1988-1990.

Work experience during university and postgraduate studies:

Trauma and Surgery Department of Germans Trias i Pujol Hospital, Badalona, 1989-1990.

Internal Medicine and Maxillofacial Surgery Department of Germans Trias i Pujol Hospital, Badalona, 1990-1991.

Operating theatres, Red Cross Hospital, Barcelona, 1991.

Paediatric ICU, Vall d'Hebron Hospital, 1992.

Obstetrics, Germans Trias i Pujol Hospital, Badalona, 1992.

Surgical Area, Red Cross Hospital, L'Hospitalet, 1996.

Surgical Area, Mutua de Terrassa, 1996.

Company nurse at the Bimbo factory in Granollers, 1996.

## Teaching

Trainer/instructor on Basic Life Support + DEA courses conducted by the Catalan Resuscitation Council (CCR), 2016.

Lecturer on the Postgraduate Course in Ophthalmic Surgical Nursing at the Institute of Ocular Microsurgery (IMO).

## **Courses and conferences**

Basic Life Support + AED course. CCR. 2016.

Oculofacial aesthetics and rejuvenation techniques, IMO, April 2015.

2nd Trends in Surgical and Medical Retina Meeting, IMO. Participation. 2013.

Barcelona Oculoplastics: Trends in Eyelid Surgery, IMO. Participation. 2012.

Annual emergency medical care training, IMO. Trainer. 2012.

‘Xerrada del Pla Integral de Cardioprotecció, Asepeyo.’ Participation. 2012.

‘Taller Sutures i retirada de punts, Col·legi oficial d’infermeria de Barcelona.’ 2012.

Third edition of anaesthesia nursing and pain management seminar, Barcelona, 2012.

Course on new ophthalmic support technologies, taught by the Instituto de Microcirugía Ocular, (IMO) Barcelona. Lecturer. 2011.

Course entitled ‘Maneig del tabaquisme a atenció primària,’ May 2010.

Courses on computer systems and basic and advanced life support, Germans Trias i Pujol University Hospital. Badalona, 2008.

Course on what ophthalmic support staff need to know, Instituto de Microcirugía Ocular (IMO), Barcelona. Lecturer. 1999.

Certificate of collaboration in International Urology Course, 1993.

5th edition of A&E Nursing Conference, Granada, 1992.